



Superpowers & Strengths Mastermind Worksheet

What are your and/or your business's Top 5 Superpowers & Strengths? Please refer to Linda's Superpower List as needed.

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

Recall a situation where these Superpowers & Strengths helped you succeed in the past or navigate a difficult situation/unforeseen circumstances. How did you leverage them to get the result you wanted or to influence the outcome?

What are your concerns, or what causes you anxiety as you prepare for a negotiation, encounter a difficult situation or unforeseen circumstances?

- 1) _____
- 2) _____
- 3) _____

Recalling past successful situations, accomplishments, or resolutions, how will you lean on your Superpowers & Strengths to overcome these concerns in future similar situations?

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

